

# MAURI

## Ko wai mātou?

Te Ora Hou Aotearoa is a faith-based youth and community development organisation that has been working with young people, their whānau, and communities in many places across Aotearoa for many years. Our mission is to empower young people to reach their full potential and become positive contributors to society. Through our programmes and services, we aim to build strong relationships with young people and provide them with the support they need to succeed in life.

### Rangatahi Leadership Initiatives

Developing the next generation of leaders through culturally grounded and faith-based leadership programmes.

### Whānau Support Services

Offering comprehensive support to families, helping them navigate challenges and build stronger, healthier relationships.



#### Manaaki

Manaaki whenua,  
manaaki tāngata,  
haere whakamua.



#### Uruhau

Kia kaweā tātou e  
te rēhia.



#### Ihu Karaiti

Ko Ihu te iho o  
te ora.



#### Akoako

Pikitia tonutia te ara  
poutama.



#### Rangatahi

Kia puāwai mai te  
whānau, te hapū, te  
hapori me te  
iwi taketake.

# MANAAKI

## Whakataukī

**Manaaki whenua, manaaki tāngata, haere whakamua.**

*Care for the land, care for the people, go forward.*

## Tohu

Manaaki is at the heart of who we are. It defines our approach to engaging with people in a holistic way—practically, spiritually, emotionally, and culturally. Through our relationships with rangatahi, whānau, hapū, and hāpori, we uphold mana by caring for, serving, and supporting those we journey alongside. Our attitudes and the way we treat people reflect this commitment, ensuring that we honour and uplift the dignity of others.

We believe that manaakitanga forms the foundation of whanaungatanga. By cultivating meaningful connections, we create a sense of belonging.

Ohaoha is also embodied in Manaaki. It is a genuine offering of time, resources and sharing. Ohaoha requires wisdom, ensuring that our actions do no harm.

## Karaipiture

<sup>6</sup>Remember this: Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously.<sup>7</sup> Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.

2 Corinthians 9:6-7 NIV

## Matatiki

**He kai kei aku ringa**

*There is food in my hands*

**He tangata takahi manuhiri, he marae puehu**

*A person who mistreats his guest has a dusty Marae (Meeting house)*

Someone who disregards his visitors will soon find he has no visitors at all. This accentuates the importance of Manaakitanga, or hospitality with Māori society and culture.

**Me ohaoha ki te pani me te rawakore**



# AKOAKO

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## Whakataukī

**Pikitia tonutia te ara poutama.**

## Tohu

*Te Ora Hou cherishes both organic and structured learning, in everyday experiences as well as formal settings. As Iwi Taketake, we deeply value learning for its role in the development of self, rangatahi, whānau, and hapori.*

*We draw from matauranga Māori, alongside modern-day knowledge that contributes to everyday learnings. We acknowledge that true growth often emerges from facing challenges and welcome constructive critique from others.*

*Akoako embodies the beautiful reciprocity of learning and teaching, while pikitia tonutia expresses the continuous learning pathways for growth and development. This emphasises the importance of understanding oneself to understand others, empowering oneself to empower others, and leading oneself to lead others.*

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## Karaipiture

*Whatever you have learned or received or heard from me or seen in me - put into practise. And the God of peace will be with you.*

*Philippians 4:9*

## Matatiki

**Pūrākau of Tāne and/or Tāwhaki. Baskets of knowledge.**



# URUHAU

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## Whakataukī

Kia kaweā tātou e te Rēhia.

### Tohu

*We actively seek and engage in positive experiences that promote fun - aungatanga and bring joy, recognising joy as a source of resilience even in adversity.*

*These experiences are crucial for promoting inclusion, cultivating understanding, and enhancing overall well-being.*

*By cultivating communities rooted in fun-aungatanga, where everyone feels valued and empowered to thrive, we nurture deeper connections, and create enduring memories that enrich both our lives and our communities.*

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## Karaipiture

*May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.*

*Romans 15:13*

## Matatiki

*“Joy does not simply happen to us. We have to choose joy and keep choosing it every day”*

**Henri Nouwen**

*“Joy does not arrive with a fanfare; On a red carpet strewn with the flowers of a perfect life. Joy sneaks in as you pour a cup of coffee, watching the sun hit your favourite tree just right, and you usher joy away because you are not ready for it. Your house is not as it must be for such a distinguished guest.*

*But joy cares nothing for your messy home; Or your bank balance; Or your waistline, you see. Joy is supposed to slither through the cracks of your imperfect life. That’s how joy works. You cannot invite her. You can only be ready when she appears And hug her with meaning. Because in this very moment, Joy chose you.*

**Donna Ashworth**



# RANGATAHI

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## Whakataukī

**Kia pūāwai te whānau, te hāpori, te hapū, me te iwi taketake.**

## Tohu

*We see rangatahi as a vital part of our community with all their energy, haututūtanga, learning and developing.*

*Our rangatahi are our taonga, who are intrinsically connected into their whakapapa and other communities of belonging. We recognise rangatiratanga in our rangatahi and their potential to influence their world and contribute to the community as a whole. We aim to nurture their sense of identity, supporting them to carry themselves confidently through their life journey (Te haerenga o Tamariki tū Rangatira).*

*We seek to empower rangatahi through whanaungatanga—supporting them to navigate the complexities of relationships and identity.*

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## Karaipiture

*Don't let anyone look down on you because you are young, set an example for believers in what you say and in how you live.*

1 Timothy 4:12 (NIRV)

## Matatiki

**Rangatahi tū rangatira from TOHATOHA.**



# IHU KARAITI

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## Whakataukī

*Ko Ihu te iho o te ora.*

## Tohu

*Our kaupapa is centred on the teachings of Jesus Christ, deeply intertwined with our indigenous Māori identity and spiritual expression. We look to His life and relationships as the model for humanity, finding healing, truth, and wisdom in His ways.*

*This relationship with Jesus, is one we openly share with others, acknowledging that every person is created in the image of God. His wairua flows through our lives, whānau, and communities. As we journey together, we honour both our individual and collective God-given potential.*

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## Karaipiture

*I am the way and the truth and the life. No one comes to the Father except through me.*

John 14:6

## Matatiki

*“Ka mea a Ihu*

*Ka mea a Ihu*

*Ko Ahau te huarahi*

*Ko Ahau te pono*

*Ko Ahau te ora*

*E kore rawa tētahi tangata e haere ake auē ki te Matua ki te kāhore Ahau, au auē hā!”*

**Nā Monte rāua ko Linda Ohia**



# KARAKIA

## **Tēnei te Mauri**

*Ko te mauri o Īhowa*

*Ko te mauri ohaoha*

*Ko te mauri taiaha*

*Ko te mauri taiohi*

*Tēnei te mauri o tēnei whenua*

*Tēnei te mauri o tēnei whānau*

*Ko te mauri tika*

*Ko te mauri tū*

*Kia oho te mauri*

*Kia tau te mauri*

*Tēnei te mauri o tēnei pia*

*Tēnei te mauri o te Ariki*

*Kia piki te mauri*

*Kia kake te mauri*

*Tāwhana atu ana ki te whaiao ki te ao mārama.*

*Haumi e! Hui e!*

*Taiki e!*

**Nā Mike Ross**